

# Sharing

## Sharing Hearts Support Group

End Date: 3/23/2017 6:30 PM

End Date: 3/23/2017 8:00 PM



# Hearts

The Sharing Hearts Support Group aims to lower the anxiety and stress that comes with a heart condition diagnosis by offering monthly education on heart health and area resources, as well as the support of fellow individuals with heart conditions.

Search our event calendar for upcoming dates.

Caregivers are also invited to join. For more information and to reserve your spot, contact Maria Cantito at Griffin Hospital's Cardiac Rehabilitation Department at 203-732-7106.

### Location(s)

The Center for Cancer  
Care at Griffin Hospital  
350 Seymour Ave.  
Derby  
CT  
06418