



Sharing Hearts

The Sharing Hearts of Griffin Hospital is a support group associated with the Griffin Hospital Cardiac Rehabilitation Department.

The intention is to offer further support to those who live with heart disease. Discussions center around a variety of topics of the members' choosing, all related to the challenge of coping with the disease process.

There are no dues.

Significant others are welcome.

Evening meetings will be held on the 1st Thursday of every month from 6:30 PM- 7:30 PM.

**The meeting schedule for 2020
is on the back of this flier.**

All meetings will be held in the Center for Cancer Care Conference Room, located on the 1st floor, at 350 Seymour Avenue, Derby, CT 06418.

For more information, please contact:

Maria: (203) 732-7106

Janie: (203) 305-4299

*In case of inclement weather, call (203) 732-7106
for more information about closing.*

2020

 = 6:30- 7:30 PM

JANUARY

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

NO MEETING

FEBRUARY

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

MARCH

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

APRIL

S	M	T	W	T	F	S
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19	20	21	22	23	24	25
26	27	28	29	30		

MAY

S	M	T	W	T	F	S
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10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

JUNE

S	M	T	W	T	F	S
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14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

JULY

S	M	T	W	T	F	S
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19	20	21	22	23	24	25
26	27	28	29	30	31	

AUGUST

S	M	T	W	T	F	S
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

SEPTEMBER

S	M	T	W	T	F	S
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7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

OCTOBER

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

NOVEMBER

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

DECEMBER

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		