

*Griffin Health Services Corporation  
Annual Meeting  
1994*

*1994*  
*Annual Meeting*  
*of*  
*Griffin Health Services Corporation*

*April 18, 1994*

During the past ten years, Griffin Health Services and Griffin Hospital have been on a path of incrementally transforming from a health care provider typical of most hospitals of the 1970s and 80s to a health care system aware of the need for and the competence to assist in the healing of body, mind and spirit for all we serve. This transformation moved Griffin away from fragmentation of service, reactivity to our environment and services focused more on the comfort, prerogatives and "expertise" of health professionals than on the healing needs of the individuals we serve.

With the development of the Convenient Care Program in the Emergency Room and the Childbirth Center, Griffin learned how to combine architectural design changes, with new perspectives of professional staff and patient-driven systems of care to transform services which previously lacked strong support by the community.

As our mission changed from providing acute care inpatient services for the communities we serve to improving the quality of life for all the residents of our service area, additional attention has focused on services and programs that enhance life, not just those that restore the health of the ill. Wellness Works, the Valley Parish Nurse Program, Mature Advantage and our Healing and the Arts programs are examples of this new focus.

A major premise of the Griffin transformation is that each individual we serve should be sufficiently empowered and provided the knowledge needed to take an active role in their own healing. This is the assumption behind the patient driven care model for our inpatients, the Health Resource Center and the recently-established Heart Disease Reversal Program.

The Griffin of today can be characterized as seeking wholeness (rather than fragmentation), creating our own future (rather than simply reacting to the environment), and providing services in a way that anticipates and meets the highest expectations of those we serve.

We have come to embody the belief that good health is not simply the absence of disease — but rather a much more positive state, a state in which the body, mind and spirit are integrated, aligned and whole.

#### **GOOD HEALTH FOR OUR COMMUNITY**

### **Convenient Care**

Established in 1986, the Convenient Care service was designed as a convenience to residents coming to the Emergency Room for non-urgent care. Convenient Care offers prompt, affordable walk-in medical service for those with minor illness or injury. No appointment is necessary. As part of the hospital's Emergency Department, Convenient Care is backed by the full resources of Griffin's medical staff and hospital, should more acute treatment be necessary.

### **Childbirth Center**

Designed based on input from women of childbearing age, the Childbirth Center at Griffin Hospital promotes a family centered philosophy in a homelike setting. The unique facility quickly became the obstetrical model for hospitals throughout New England. The Childbirth Center features all private rooms and bath, gourmet meals, a jacuzzi for women in labor, full range of delivery options and an array of educational classes and special programs for expectant parents, siblings and grandparents. The continued growth of the Childbirth Center has resulted in an expansion and renovation of the facility as part of the North Wing project, bringing total capacity to 17 beds.

### **Suburban Health Plan**

A taxable subsidiary of Griffin Health Services Corporation, this locally-controlled health maintenance organization (HMO) was established in 1987 to help area businesses better manage their health benefit dollars while ensuring quality services for their employees. Suburban Health is the provider of choice for more than 70% of the Griffin Hospital workforce and boasts a current enrollment of more than 3,000. Services are offered through contractual arrangement with physicians who provide coverage in the Lower Naugatuck Valley and Greater Waterbury areas.

### **Patient Room Service**

Conceived and staffed by hospital volunteers in 1988, the Patient Room Service Program at Griffin Hospital was modeled after hotel room service. The program was designed to quickly respond to individual patients' needs for a variety of personal services including daily newspapers, beverages and snacks, personal items, companionship, videos and music tapes, errands and special services. Room Service remains popular with patients today and has freed up nursing and professional staff for patient care responsibilities. The program has been packaged and sold to more than 400 hospitals across the nation.

### **Wellness Works**

A hospital-wide effort to centralize all wellness and preventive programs available to the community through Griffin Hospital culminated in the establishment of Wellness Works in 1989. The primary focus of Wellness Works is to promote healthy lifestyles to reduce the incidence of disease or injury and the cost of recovery. Health screenings and education, physical rehabilitation, worker injury management, employee assistance programs and industrial medicine services are among the services available. Programs are tailored to the needs of individuals, groups and employers.

### **Valley Parish Nurse**

Established in 1989 through the efforts of the Griffin Hospital Pastoral Care Department, the Valley Parish Nurse Program was the first such program in the Northeast. It is designed to improve the lives and health of participating parishioners through the establishment of health ministries involving a registered nurse, pastor and a "health cabinet" of interested parishioners. The parish nurse leads educational programs on health topics, performs health screenings and counsels the sick. To date, nearly 20 parishes representing the communities of Ansonia, Derby, Oxford, Seymour, Shelton, Southbury and Thomaston have had parish nurses on their staffs. The program, which is overseen by Catholic Family Services, continues to expand.

### **Short Term Surgery**

Improving patient comfort and privacy was the goal of the 1990 expansion of Griffin Hospital's Short Term Surgery Suite. The service is designed as a convenient, more affordable option for persons having minor surgical procedures not requiring overnight hospitalization. Persons enter the hospital in the morning of the day of surgery and, barring complications, are discharged later that same day. Begun in 1976, with only a handful of patients, Short Term Surgery has grown to encompass just over 60% of the surgical procedures performed here.

### **Mature Advantage**

A free membership program concentrating on issues, programs and services of particular importance and interest to people age 55 and older. More than 8,000 community residents participate in this program which offers a range of benefits including discounts, social activities, educational programs, health screenings and much more. Monthly lectures are led by physicians and other health experts on a variety of health promotion and disease prevention topics.

### **Physician Choice**

Consistent with its growing, changing community, Griffin Hospital reached out to make access to care more convenient and to expand its network of physicians offering residents more choice while ensuring these new doctors reflected the finest among available medical specialists. Today Griffin's Medical Staff, active and courtesy, totals some 185. These physicians represent a wide range of medical specialties from internal medicine and obstetrics to oncology, orthopedics, cardiology, ophthalmology and plastic surgery. Female physicians, nurse midwives and physician assistants further enhance choice.

### **Love and Health Congress**

The Griffin Hospital developed an ongoing relationship with Office of International Programs of Southern CT. State University as co-sponsor of International Love and Health Congress. Focus of the Congress is the role that unconditional love plays in health, healing and the prevention of illness. The essence of love and health is the psychology of illness and wellness and the mind/body connection in the maintenance and/or restoration of health.

### **Planetree, Patient Driven Care**

Griffin Hospital subscribes to the philosophy that we can best serve patients and the community by providing the latest in medical technology in a healing, nurturing environment. Planetree is a consumer health care organization dedicated to humanizing health care. The Planetree or sycamore is the tree that Hippocrates, the founder of modern medicine, sat beneath when he began teaching his medical students many centuries ago. With this same commitment to education, Planetree at Griffin Hospital was created to support individuals who wish to learn more about healthcare and medicine in order to become active participants in their own care. Our new North Wing combines a warm, nurturing environment with a philosophy designed to make our patients partners in their healing process. The North Wing is the first facility in the nation to be designed and newly-constructed around this philosophy.

### **Healing & The Arts**

While medicine traditionally draws on the body's resources to heal, Griffin Hospital believes that by incorporating the mind and spirit into the process, healing may take place faster and more completely. Research has shown providing access to the arts helps patients revitalize their inner resources, restore the will to survive and rekindle the joy of living. Griffin's Arts and Entertainment Program is designed with this philosophy in mind. The year-round program has attracted a talented assemblage of area residents who likewise recognize the role of the arts in healing. Musicians (vocal and instrumental), arts and craftsmen, storytellers and artists are among the talents sought for this program. In addition, patients are encouraged to listen to tapes of popular or classical music, enjoy artwork displayed on the unit, read poetry or fiction, and relax by using stress reduction books or visualization tapes available on the Unit. Another aspect of the Healing & the Arts program is Soft Touch, staffed by volunteers who have been trained by our nursing and physical therapy staff to give back, hand and foot mini-rubs to patients on request.

#### **Health Resource Center**

The aim of the health resource center is to encourage the lay public to learn more about health and wellness so they can best learn how to enhance their own well-being, prevent illness and make informed choices about courses of treatment when they become ill. The Planetree Health Resource Center at Griffin promotes wellness and assists patients and their families in understanding and managing their health. A comprehensive collection of current health and medical information including medical texts, health care books written for the layperson, journals and magazines, computer databases of medical literature, audio and video tapes and a variety of other materials are available. The facility will open to the public in June.

#### **Heart Disease Reversal Program**

In recent years, extensive scientific research has shown the benefits of comprehensive lifestyle change on heart disease and various other illnesses including hypertension, diabetes, cancer and obesity. Consistent with its philosophy that patients take an active role in their healing, Griffin Hospital recently introduced a Heart Disease Reversal Program. Based on research conducted by Dr. Dean Ornish, the Heart Disease Reversal Program at Griffin is designed to provide participants with information that has been proven to arrest and to reverse heart disease. Elements of the program include a low fat, vegetarian diet, moderate exercise daily, relaxation, smoking cessation and group support. A five-day residential program is followed by a 12-week support program.

#### **Healthy Communities**

Since 1989, Griffin Hospital has touted its vision of improving the health and quality of life for the communities it serves. This year marks the start of a unique alliance of 50 non-profit agencies in the Valley (including Griffin Hospital) that provide most of the health and human services to community residents. The goal of the Healthy Community Project — a first in Connecticut — is to develop and implement a program to measurably improve the quality of life and health status of the community and its residents. The Community Foundation of Greater New Haven recently awarded the project a \$100,000, two-year grant to be administered by the Valley United Way.

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Harry P. DiAdamo, Jr.  
Patricia Heller  
Frank M. Osak, Jr.  
David M. Rifkin  
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**Griffin Health Services Corporation**

**Combined Statements of Operation**

	<b>Fiscal '92</b>	<b>Fiscal '93</b>
<b>Revenue:</b>		
Net Patient Revenue	62,571,314	62,869,430
Other	3,183,504	1,951,123
Total Revenue	65,754,818	64,820,553
<b>Operating Expenses:</b>		
Employee Compensation	27,955,280	27,327,191
Supplies & Other	28,317,953	29,578,242
Depreciation	2,161,163	2,357,394
Prov. for Bad Debt (net of recoveries)	4,263,365	3,840,578
Minority Interest	24,209	66,337
Interest	<hr/> 681,919	<hr/> 509,492
Total Expenses	63,403,889	63,619,234
Net Income (loss)	2,350,929	1,201,319

**Analysis of Hospital Statistics**

Patients Discharged	6,671	6,554
Births	876	880
Admissions to Psych Unit	257	237
Patient Days of Care	44,606	42,389
Avg. Daily Census	122	121
Avg Length of Stay	6.7	6.5
ER Visits	34,537	35,840
Total Surgical Procedures	5,138	4,953
Short-term Surgery Patients	3,132	3,000
Radiology Dept. Exams	43,409	42,269
Physical Therapy Visits	19,747	19,635
Respiratory Treatments	32,391	30,439
Lab Tests	393,847	364,659
Full Time Equiv.	812	
799.84 ↘		
Employees (full and part time)	1,119	1,077

**Griffin Hospital Board of Trustees**

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Robert L. Fiscus - Chairman  
Anthony P. Pagliaro - Vice Chairman  
Alan J. Tyma - Secretary / Treasurer

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Evelyn Werdal, Vice President - Patient Care Services  
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Bernard S. Shapiro, M.D., Vice President of Medical Staff  
Gordon I. Kuster, M.D., Chairman, Dept. of Psychiatry  
Ira G. Rock, M.D., Chairman, Dept. of Anesthesiology  
Jean A. Brown, Auxiliary President

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Ellen Scalettar  
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Alan J. Tyma

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Frieda Lucarelli  
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Frank Schneiders  
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Rev. Wayne A. Strever  
Anastasia Timpko  
Sherwood W. Travers  
William Valentine  
Leo Vine  
John Walsh  
Kevin White  
John Wisniewski  
Richard W. Yazluk  
Kathleen Zaniewski

**1995**

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Lauren Casalveri  
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Agnes Cisto  
Jordan I. Cohen  
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Lawrence J. DeTullio  
Louise Dickerson  
Angelo E. Dirienzo, Ph.D.  
Kenneth J. Dobuler, M.D.  
Cecilia Driscoll  
Frederick N. Elliott  
Jose C. Flores, M.D.

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Cecilia Driscoll  
Frederick N. Elliott  
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Eugene D. Micci  
Joyce K. Miller  
Robert J. Murphy, D.D.S.  
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Thomas J. Nelligan  
Paul B. Nussbaum, M.D.  
Leon J. O'Connor  
Joseph J. Pagliaro, M.D.  
Charles A. Pelizza  
Stewart J. Petrie, M.D.  
Krystyna I. Piotrowska-Nyerick, M.D.  
Frederick J. Quinn, Jr.  
Jill Ragozzine  
Irene P. Reshetar  
Harry K. Sargent  
Claudia Sauer

Linda R. Savitsky  
Ronald T. Scott  
Ronald T. Scott  
Daniel D. Simonetti  
Jerold A. Sinnamon  
Irene G. Smith  
Phyllis L. Sochrin  
Arthur L. Stahl  
Charles M. Stankye, Jr.  
Leon J. Sylvester  
Louis A. Unger  
Stephanie Wain, M.D.  
Evelyn Werdal

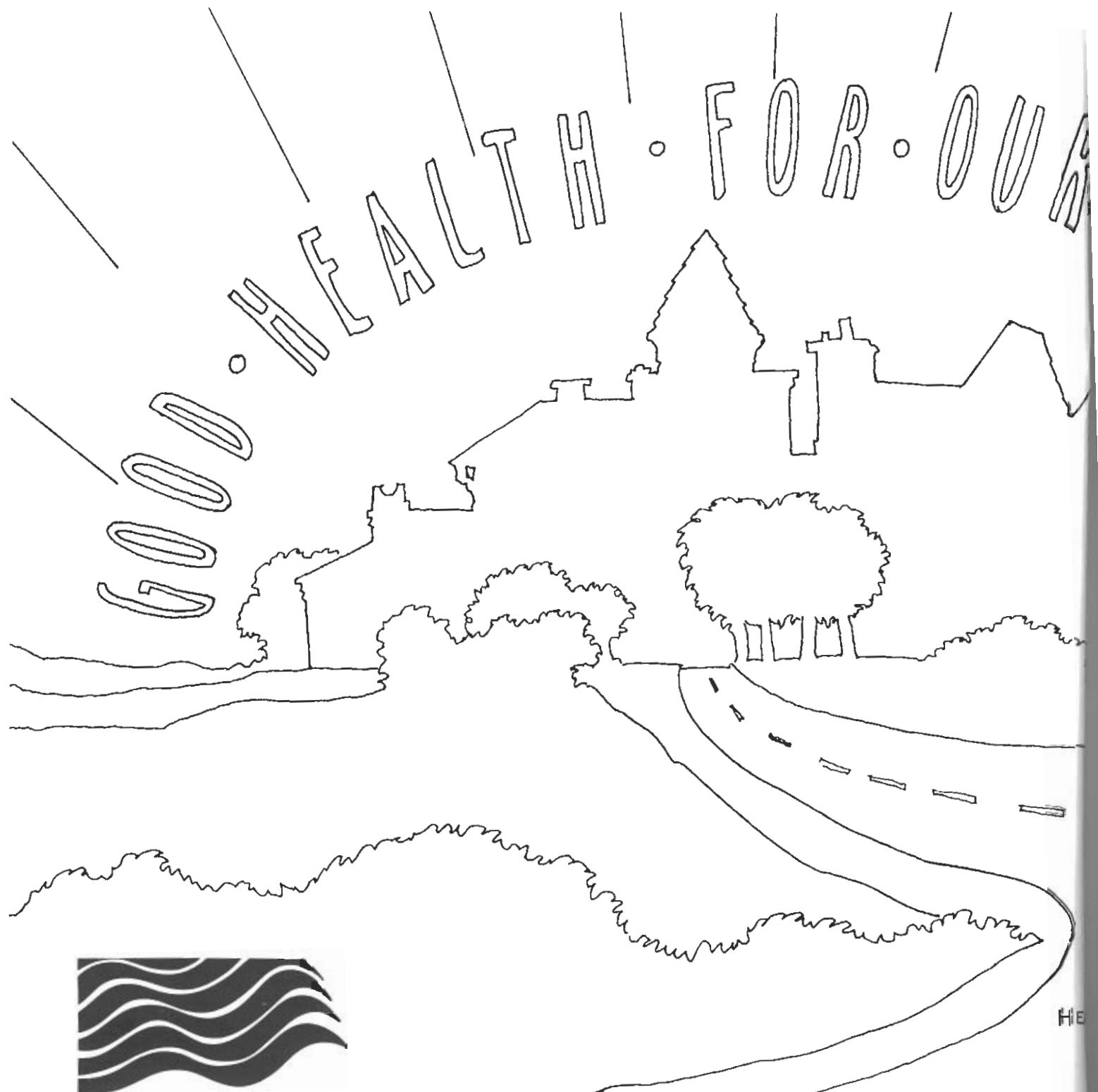
**1996**

John Adzima  
Mary B. Androski  
William C. Bassett  
Richard O. Belden  
George Berman  
Jean A. Brown  
Edward J. Cecarelli  
Terry R. Chatfield  
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Janice A. Sheehy  
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Ronald A. Skurat  
Colleen M. Spooner  
Robert P. Stockmal  
Rev. Robert E. Weiss  
Samuel C. Wheeler

**1997**

Jerry L. Ainsworth  
Matt Anderson  
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Palma M. Boni  
Edward G. Brickett  
A. Violet Cable  
Frank J. Casalveri  
Anthony J. Colonese  
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Ralph A. Greco  
Patricia Heller  
James G. Higgins, Jr.  
Jack Holden, M.D.  
Clifford D. Hoyle  
Gale Jacobacci  
Franklin B. Joy  
Richard M. Katz, M.D.  
Gloria H. Kiss  
Gordon I. Kuster, M.D.  
Mark A. Lauretti  
Eugene F. Martin  
James F. McKeon  
Mary M. Nelligan, R.N.  
H. Tom Nickse  
Claude Perry  
James R. Pinke, M.D.  
Calvin Price  
John M. Rak



Griffin Health Services Corporation

**Griffin Hospital**

PATIENT DRIVEN

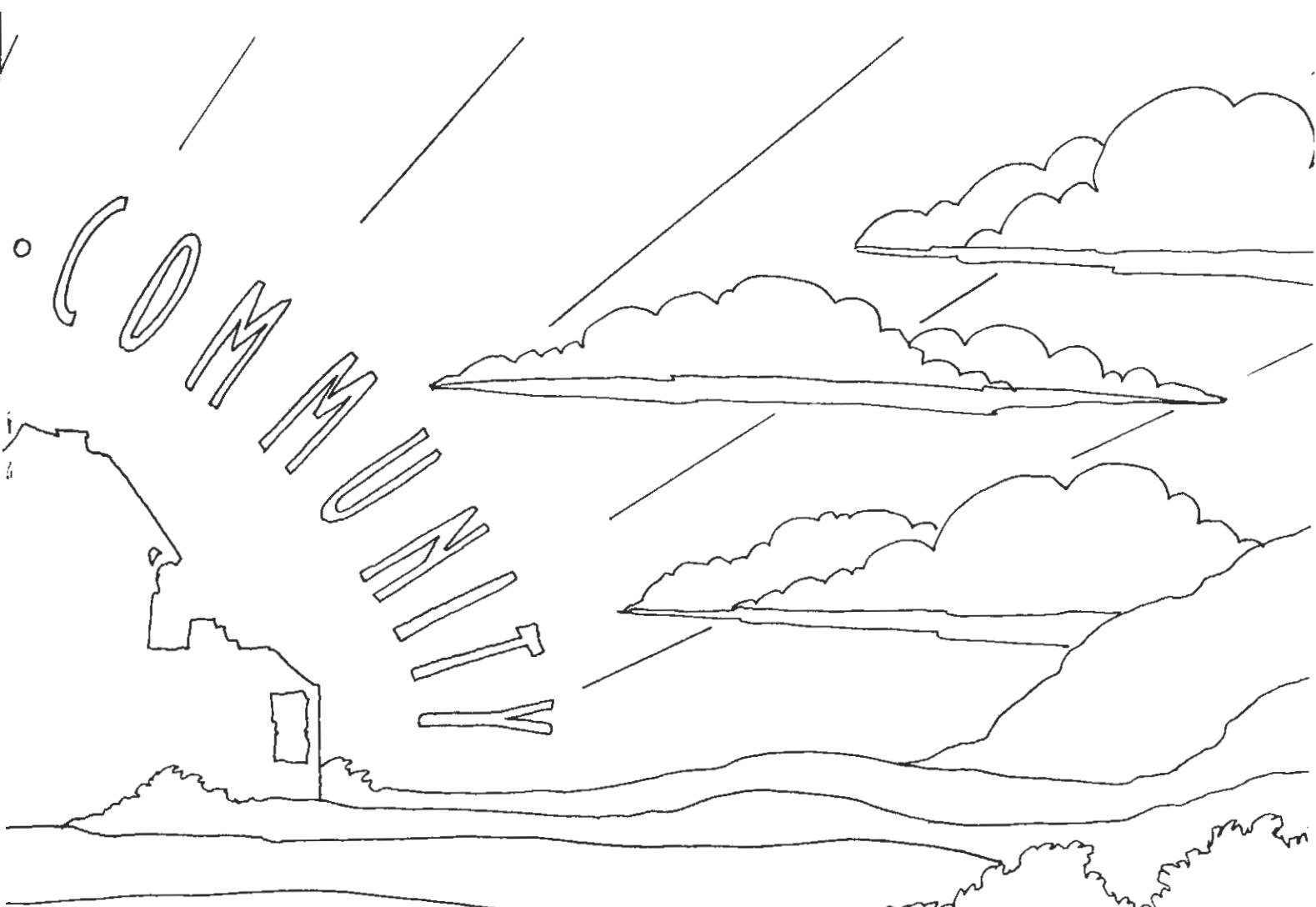
SHORT TERM SURGERY

PARISH NURSE

CONVENIENT CARE

CHILDBIRTH CENTER

SUBURBAN H



HEALTHY COMMUNITY PROJECT

HEALTH RESOURCE LIBRARY

PHYSICIAN CHOICE

DISEASE REVERSAL PROGRAM

PLANETREE

HEALING AND THE ARTS

LOVE & HEALTH CONGRESS

HEALTH WORKS

MATURE ADVANTAGE

ROOM SERVICE

HEALTH PLAN

David M. Rifkin  
Donald P. Roach, M.D.  
Frances G. Rostocki  
George J. Ryan  
James E. Ryan  
Kathleen B. Samela  
Ellen Scalettar  
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John A. Trovarelli  
Alan J. Tyma  
E. James Uberti  
Donald E. Wetmore  
Jeffrey F. Yale, D.P.M.

Madelyn L. Rapuano  
Ira G. Rock, M.D.\*  
Doris A. Roscoe  
Eileen M. Ryan  
Alan R. Schlesinger\*  
Robert M. Siuzdak\*  
Robert F. Smith\*  
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Gary Toole  
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\*New Corporators

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Joseph A. Pagliaro, Sr.  
William C. Partington  
Michael Petz

**Annual Report of the Medical Director  
Kenneth V. Schwartz, M.D.**

At the time this report is being written, Griffin Hospital stands on the verge of momentous change. Our long awaited brand-new facility is nearing completion and the combination of this and hospital-wide implementation of the new model of care promises to improve the way we provide care by a quantum leap. Renovations in the operating room, radiology and emergency department will also enhance our ability to care for our patients. In addition, programs such as the Heart Disease Reversal Program provide new models under which we can help our patients.

During the last year we added 17 new members to the Medical Staff. As the staff expands and is able to provide new services in a modern setting, we are well positioned for the changes in health care which will occur in the future. The medical staff is prepared to join the rest of the hospital community in welcoming these changes and moving them forward.

## **Medical Executive Committee**

Norberto A. Belleza, M.D., Chair, Dept. of Radiology  
John Bustelos, Jr., President, Griffin Health Services Corporation  
Dorothy K. Gutwein, M.D., Chair, Dept. of Obstetrics/Gynecology  
Gordon I. Kuster, M.D., Chair, Dept of Psychiatry  
Guy R. Nicastri, M.D., Chair, Dept. of Surgery  
Paul B. Nussbaum, M.D., Chair, Dept. of Medicine  
Donald P. Roach, M.D., Chief, Division of Family Practice  
Ira G. Rock, M.D., Chair, Dept. of Anesthesiology  
Harold M. Schwartz, M.D., Secretary/Treasurer, Medical Staff  
Kenneth V. Schwartz, M.D., Medical Director  
Bernard S. Shapiro, M.D., Vice President, Medical Staff  
David M. Silverstein, M.D., President, Medical Staff  
Jerold A. Sinnamon, Exec. Vice President, Griffin Health Services Corp.  
Stephanie Wain, M.D., Chair, Dept. of Pathology  
Anthony G. Wayne, M.D., Chair, Dept. of Pediatrics  
Howard E. Zusman, M.D., Chair, Dept. of Emergency Services

## **Section Chiefs**

Cardiology - Kenneth V. Schwartz, M.D.  
Dentistry - Earl Slusky, D.M.D.  
Dermatology - Nira Silverman, M.D./Israel Dvoretzky, M.D.  
Endocrinology - David Moll, M.D.  
Family Practice - Donald P. Roach, M.D.  
Gastroenterology - Vincent A. DeLuca, Jr., M.D.  
Hematology/Oncology - Jeffrey A. Orell, M.D.  
Infectious Disease - Howard I. Quentzel  
Nephrology - Paul B. Nussbaum, M.D.  
Neurology - James B. Butler, M.D.  
Neurosurgery - Patrick P. Mastroianni, M.D.  
Physical Medicine - Krystyna Piowtrowska-Nyerick, M.D.  
Plastic Surgery - Paul D. Fischer, M.D.  
Podiatry - Jeffrey F. Yale, D.P.M.  
Pulmonary Medicine - Kenneth J. Dobuler, M.D.  
Ophthalmology - James R. Pinke, M.D.  
Orthopedics - Gerald F. Cambria, M.D.  
Otorhinolaryngology - Ronald H. Hirokawa, M.D.  
Rheumatology - Stephen J. Moses, M.D.  
Urology - Alan J. Malitz, M.D.

## 1994 Physician Roster - Active Staff

### Allergy & Immunology (Pediatric)

Gerald J. Germano, M.D.  
22 Westfield Avenue  
Ansonia  
734-1644  
& Little River Shopping Center  
Oxford  
888-0596

### Anesthesiology

Wilfredo E. Cadelina, M.D.  
Ira G. Rock, M.D.  
Rama Sawhney, M.D.  
Scott E. Solomon, M.D.  
\*Peter Capello, C.R.N.A.  
\*Marilyn Johnson, C.R.N.A.  
\*Claire Lucas, C.R.N.A.  
\*William Orlawsky, C.R.N.A.  
\*Joanna Peters, C.R.N.A.  
\*Joyce Perkins, C.R.N.A.  
\*Michael Sexton, C.R.N.A.  
\*Stephen Shattuck, C.R.N.A.  
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Derby  
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### Cardiology

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William Neil Pearson, M.D.  
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