

Advance Care Planning Conversation Cues

Let's talk about what matters to me

If you need to make healthcare decisions on my behalf, this is what matters to me:	Very Important	Somewhat Important	Not Important
Be able to say goodbye to family and loved ones			
Human touch and voice, even if I can't or don't appear to respond			
Know who I am, where I am, and who I am with			
Have my values, beliefs and priorities known and respected			
Live as long as possible			
Not be short of breath			
Be free from anxiety			
Be free from pain			
To not hallucinate			
Be physically comfortable (moist lips, a cold compress if I have a fever, keep me clean, change sheets and clothing regularly and when needed etc.)			
To be treated with respect and dignity			
Have family and friends know and respect my wishes, even if they are not decisions they would make			
Be able to communicate with others			
Be spiritually at peace			
Not be unable to come off a ventilator			
Be able to discuss my fears and concerns			
To have my family and loved ones with me			
Have my doctor treat me as a person and not just a patient			
Not dying alone			
To have someone who will listen to me			
Honor my wishes for what I want – and don't want – for health care treatment			
To feel that my life has had meaning and purpose			
Have my family prepared for my death			
Have my financial affairs in order			
Some quiet time alone			
Time with my spiritual advisor or a chaplain			
Be able to talk with my doctor honestly about my health and options			
Have my funeral arrangements made			
Not being a burden to my family			
To die at home			
To be able to support others			

If you have questions, or would like any assistance with advance care planning, including help in selecting and talking with your Health Care Representative, please call **203-732-1255**.