



The Hewitt Center for Breast Wellness at Griffin Hospital

Genetic Counseling & Testing Self-Assessment Form

Genetic Counseling & Testing at Griffin Health

The Hewitt Center for Breast Wellness offers genetic counseling and testing services to individuals and families to help them understand their chances of being affected by breast cancer, and make informed decisions about testing and treatment.

Cancer genetic counseling is the process of collecting your detailed personal and family history, assessing your personal risk, and discussing your genetic testing options.

Here is a worksheet to help you determine if you might be eligible for genetic testing for breast cancer:

- | | Yes / No |
|---|-----------------|
| 1 Have you been diagnosed with breast cancer or has a close member of your family (parents, siblings, aunts/uncles, nieces/nephews, grandparents and great-grandparents) under the age of 50 been diagnosed? | _____ |
| 2 Have you been diagnosed or a close member of your family (parents, siblings, aunts/uncles, nieces/nephews, grandparents and great-grandparents) been diagnosed with ovarian cancer? | _____ |
| 3 Have you had close male relative who was diagnosed with breast cancer? | _____ |
| 4 Have three or more family members (on the same side of the family) been diagnosed with breast, pancreatic or prostate cancers at any age? | _____ |
| 5 Have you been diagnosed with triple-negative breast cancer (this is a cancer that tests negative for estrogen receptors, progesterone receptors, and excess HER2 protein)? | _____ |
| 6 Have you or has a close member of your family (parents, siblings, aunts/uncles, nieces/nephews, grandparents and great-grandparents) been diagnosed with two breast cancers (same or different breast)? | _____ |
| 7 Have you or has a close member of your family (parents, siblings, aunts/uncles, nieces/nephews, grandparents and great-grandparents) been diagnosed with colon cancer under the age of 50? | _____ |
| 8 Have you or has a close member of your family (parents, siblings, aunts/uncles, nieces/nephews, grandparents and great-grandparents) been diagnosed with uterine/endometrial cancer under the age of 50? | _____ |
| 9 Have you or has a close member of your family (parents, siblings, aunts/uncles, nieces/nephews, grandparents and great-grandparents) been diagnosed with three or more of the following cancers at any age? Please indicate which: | _____ |
| <input type="radio"/> Colon | _____ |
| <input type="radio"/> Rectal | _____ |
| <input type="radio"/> Uterine/Endometrial | _____ |
| <input type="radio"/> Brain | _____ |
| <input type="radio"/> Gastric/Stomach | _____ |
| <input type="radio"/> Renal | _____ |
| <input type="radio"/> Kidney | _____ |
| <input type="radio"/> Pelvis | _____ |
| <input type="radio"/> Ureter | _____ |
| <input type="radio"/> Sebaceous Adenoma | _____ |

If you have answered yes to any of these questions, you may be eligible for genetic testing at The Hewitt Center for Breast Wellness at Griffin Hospital. For more information or to make an appointment to discuss your answers to this assessment, call (203) 732-1540.