

# SUPPORTING BREAST WELLNESS IN OUR COMMUNITY

Valley Goes Pink is a dynamic initiative supporting The Center for Breast Wellness at Griffin Hospital. Through engaging fundraising events, we unite individuals, schools, organizations, and community groups passionate about breast health.

More than just a campaign, Valley Goes Pink is a movement that empowers our community to take action, raise awareness, and make a real impact on the lives of those affected by breast cancer and other breast health concerns.

#### What Valley Goes Pink Is All About:

- Raising Awareness: Sparking important conversations on breast health.
- Providing Access: Funding vital services for those in need.
- Community Unity: Coming together to make a lasting impact.

Valley towns are invited to participate in and host fundraisers, with every dollar benefiting The Hewitt Center for Breast Wellness at Griffin Hospital.





### SINCE 2011, VALLEY GOES PINK HAS RAISED OVER \$1.125 MILLION THANKS TO OUR GENEROUS COMMUNITY! THESE FUNDS HAVE HELPED:

- Provide breast imaging (mammograms/ ultrasounds) to over 2,000 uninsured, underinsured & high-deductible patients
- Educate 2,000+ women yearly on breast wellness & early detection through Griffin's Community Nurse Navigators
- Invest in advanced imaging technology to improve care & outcomes
- Offer daily supplies of Bella Blankets for a warmer, more comfortable mammogram experience
- Fund MRI biopsy grids, helping detect cancer earlier and with less discomfort for the patient
- Support the Cancer Survivorship Wellness Series with healthy cooking workshops, Yoga for Cancer, meditation & Reiki



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#### 2025 VALLEY GOES PINK EVENTS

May 20, 2025 – Par for Pink
The Golf Club at Oxford Greens

**June 3, 2025** – *Pink Bingo* The Hops Company, Derby

**September 29, 2025** – *Waiters Go Pink!* Wellingtons Restaurant, Shelton

October 5, 2025 – Hope Lives Luncheon Grand Ballroom at St. Barbara, Orange

**October 7, 2025** – *Trivia Night* Porky's Café, Shelton

October 9, 2025 – Art Bra Show Little Barn, Shelton

October 14, 2025 – Pink Bingo The Hops Company, Derby

"We are proud to support grass-root charities that give back to the community such as The Valley Goes Pink. Their fundraising efforts support The Hewitt Center for Breast Wellness at Griffin Hospital and every dollar raised stays in the Valley. Being a cancer survivor and a long-standing health care worker and patient advocate I am passionate about this cause. Early detection does save lives!"



Denise, cancer survivor and co-creator (with Michael S.) of the Pendant Project.



### GRIFFIN HOSPITAL'S COMMITMENT TO BREAST WELLNESS

Griffin Hospital is proud to offer a comprehensive range of breast wellness services to our community. Each year, more than 12,000 women trust The Hewitt Center for Breast Wellness at Griffin Hospital for their imaging and care needs. With a combination of state-of-the-art technology, a highly skilled team of physicians and staff, and a Planetree healing environment, The Hewitt Center provides personalized, compassionate care for each patient.

Follow us on Facebook for more information and to stay updated as more events are added. facebook.com/TheValleyGoesPink

To register for events and to discuss ideas for new events, please contact Griffin Hospital Special Events Coordinator, Lisa Nista, (203) 732-7384, LNista@griffinhealth.org.

More information can also be found here:

griffinhealth.org/pink

